

Draft Resolution for “Global Transformation Project”

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Draft Resolution for the General Assembly

Global Transformation Project – A Call to Expand Science-Based Mind-Body Education into Public Schools Worldwide to Boost Global Immunity and Global Harmony

The General Assembly, Recalling its resolutions 66/2 of 19 September 2011 on the Political Declaration of the High-level Meeting of the General Assembly on the Prevention and Control of Non-communicable Diseases and 68/98 of 11 December 2013 on global health and foreign policy,

Mounting science shows that Mind-Body Education boosts immune function, and Mind-Body Education in Public Schools improves scholastic/test scores; increases student IQs; treats ADHD (Attention Deficit & Hyper-Activity Disorder); reduces bullying and behavior problems; while imparting to students stress-management tools that can dramatically reduce 60 to 90% of major health issues (science shows are caused by stress). This opens the possibility of reducing global health expenditures by trillions of dollars annually,

Mounting science also reveals that Mind-Body Education creates more creative students more capable of thinking outside the box, showing how Mind-Body Education promotes Gamma Brain Wave activity in the brains of practitioners, resulting in the ability for more multi-dimensional integrative thinking and problem solving,

Data reveals that prisons incorporating Mind-Body Education see improvements in not just the meditating inmates, but in the larger institution’s improved behavior rates, as changing individual consciousness creates a changed group consciousness. Advocating the expansion of Mind-Body Education on a global scale could reduce social stress, police and prison costs, and even help reduce international conflict, as science shows how Mind-Body practices change brain activity resulting in more empathetic and compassionate ways of behaving in schools, prisons, and society at large.

Recognizing also that wider dissemination of information about the benefits of science-based Mind-Body Education would be beneficial for educators around the world and for the health of the world population,

1. Decides to advocate Science-Based Mind-Body Education to education systems worldwide;
2. Invites all Member and observer States, the organizations of the United Nations system and other international and regional organizations, as well as civil society, including non-governmental organizations and individuals, to educate the public and educators of all nations on the science of Mind-Body Education benefits, in an appropriate manner and in accordance with national priorities, in order to raise awareness of the globally transformative potential of Mind-Body Education worldwide;
3. Stresses that the cost of all activities that may arise from the implementation of the present resolution should be met from voluntary contributions;
4. Requests the Secretary-General to bring the present resolution to the attention of all Member and observer States and the organizations of the United Nations system.